

INTERNATIONAL TANG SOO DO TOURNAMENT

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HENDRIK-IDO-AMBACHT

Netherlands

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RULES AND REGULATIONS

SPARRING

1. Traditional uniforms must be worn.
2. Proper discipline and respect must be maintained at all times. Any disrespect or improper attitudes will constitute an immediate disqualification.
3. There will be 3 judges in each ring.
4. Match duration is 2 minutes or 5 points difference.
5. When 2 minutes are passed and there is no winner the match goes on in sudden death. This means the first one who scores is the winner. All judges must see the scoring point!

Sparring gear for hands are required for youth. Sparring gear for hands and feet are **required** for all adult sparring competitors (15 and older).

SPARRING RULES

Illegal Techniques:

- Spinning hand techniques.
- Below the belt kicks or hand techniques.
- No Sweeping
- No grabbing

Also Not Allowed:

- Unsportsmanlike conduct such as "Showboating" (i.e. Jumping up and down, raising hand in air)
- Cheering for oneself etc. when a point is scored or thought to be scored.
- Running out of the ring.
- Coaching from the sidelines from parents, instructors, etc.
- Arguing with judges about a call.
- All of the above can result in a warning, loss of point or disqualification!

What's Legal?

Light Body Contact in adult competition (skin touch)

Point/Scoring System:

1 point techniques:

- Chung Kwon Kong Kyuk
- Kap Kwon Kong Kyuk
- Soo Do Chi Gi
- Yuk Soo Do Chi Gi
- Ahp Cha Gi
- Yup Cha Gi
- Dull Ryo Cha Gi
- Bahl Deung Cha Gi
- Peet Cha Gi
- Ahneso Pakhu Ro Cha Gi
- Pahkeso Ahnu Ro Cha Gi
- Yup Hu Ri Gi
- Ne Ryo Cha Gi



2 point techniques:

Spinning technique to head or body

- Dwi Cha Gi
- Dwi Dull Ryo Cha Gi
- Dwi Pandal Cha Gi
- Jumping kicks (non kicking leg must be knee level off the floor).
- Blocking and immediate counter technique

All techniques must be correct and in proper distance (hand 5cm from target, feet 10cm from target)

No Contact! In the adult competition a skin touch to the body is allowed.

BREAKING RULES

1. Materials for breaking will be special plastic breaking boards (under age of 15) or wood.
2. Competitors above the age of 15 must supply their own wood, breaking boards are available.
3. ONLY the competitors and their holders are allowed in the ring.
4. All adult competitors are limited to 3 breaks (stations). The youth is limited to 2 breaks.
5. Two attempts to break will be allowed. This is TOTAL attempts.
6. Ties: Competitors will do one 1 break of their choosing, with one 1 board.
7. Separators are not allowed.

All competitors under the age of 15 use identical breaking boards provided by the organization.

Size of the wood:

For 15 yrs and above: 25 x 25 x 1,8cm

Maximum wood size: 30 x 30cm

WEAPONS FORMS RULES

1. Music is not allowed.
2. SCORING: lowest score 5 points, highest score 10 points.
3. There are 3 judges in each ring
4. In the event of a tie, the competitor can do a different form with his/her weapon or do the same form.
5. Weapons allowed: Short Stick, Long Stick, Knife and Sword

FORMS

1. The use of music is not allowed.
2. SCORING: lowest score 5 points, highest score 10 points.
3. There are 3 judges in each ring
4. In the event of a tie another form will be requested. If the student is new and only knows one form, he or she can repeat the same form.

THE FOLLOWING TRADITIONAL FORMS ARE ALLOWED

- kup 10 Ki Cho Hyung Il Bu
kup 9 Ki Cho Hyung Il Bu, Ki Cho Hyung I Bu and previous
kup 8 Ki Cho Hyung I Bu, Ki Cho Hyung Sam Bu and previous
kup 7 Ki Cho Hyung Sam Bu, Pyung Ahn Cho Dan and previous
kup 6 Pyung Ahn Cho Dan, Pyung Ahn Ee Dan and previous
kup 5 Pyung Ahn Ee Dan, Pyung Ahn Sam Dan and previous
kup 4 Pyung Ahn Sam Dan, Pyung Ahn Sa Dan and previous
kup 3 Pyung Ahn Sa Dan, Pyung Ahn O Dan, Chil Sung Ee Rho Hyung, Bassai Sho and previous
kup 2 Bassai Sho, Pyung Ahn O Dan, Bassai Dai, Chil Sung Ee Rho Hyung and previous
kup 1 Bassai Sho, Bassai Dai, Nai Han Chi Cho Dan and previous

Dan 1 Bassai Dai, Nai Han Chi Cho Dan, Jin Do, Chil Sung Il Ro Hyung, Nai Han Chi Ee Dan and previous

Dan 2 Jin Do, Nai Han Chi Ee Dan, Sip Soo, Nai Han Chi Sam Dan, Chil Sung Il Ro Hyung and previous

Dan 3 Sip Soo, Nai Han Chi Sam Dan, Lo Hi, Kong Sang Kun, Chil Sung Sam Ro Hyung and previous

Dan 4 higher forms (also non traditional)